

腸套疊

Intussusception

一、前言：

First, Introduction:

腸套疊在小孩的腹部急症中很常見，造成的原因不明，可能是因為病毒感染造成小腸蠕動異常，而使小腸套入大腸。常見於3個月~6歲的兒童，80%的病例發生於1歲以內。腸套疊80%都發生在迴結腸的位置。

Intussusception in the children's acute abdomen is very common, causes reason still unknown, maybe due to virus infection causing small intestine peristalsis abnormalities and making small intestine get into large intestine. Commonly found in 3 months to 6 years old children, 80% of ill cases occurred to children within 1 year old. 80% of Intussusception occurred in ileocolon.

二、常見的症狀：

Second, Common found symptoms:

腸套疊主要有三大症狀，分別為腹痛，嘔吐及解血便。其典型症狀為突發的痙攣性腹痛，小朋友會一陣一陣哭鬧，每隔十至二十分鐘就會痛一次，腹痛時兩腳會彎曲至腹部，但不痛時可以正常活動。此外初期嘔吐多為吐奶或食物，但隨時間若腸子未解套，就會漸漸出現黃綠色膽汁的嘔吐物。另外在幾個小時後，約60%病例會解出草莓果醬顏色的大便，之後病人也會漸漸顯得倦怠。

Intussusception mainly has three major symptoms, divided into abdominal pain, vomiting and bloody stool. The classic symptoms is suddenly convulsive abdominal pain, children will burst of crying, every ten to twenty minutes will pain once. When get abdominal pain, both feet will bend to the abdomen, but when no pain then can do normal activities. In the beginning period the vomiting will be mostly milk or food, but later if the intestines did not solute then gradually will appear yellow-green bile vomit. Also in a few hours later, about 60% of ill cases will excrete strawberry jam color stool, after that the patient will gradually appear exhausted.

三、治療方式：

Third, Treatment method:

※內科治療：最主要是靠壓力的灌腸。若病人在48小時內，臨床上還未出現腹膜炎症狀，可以考慮鉬劑或食鹽水灌腸，並將腸套疊推回去，其它則有水分補充等。

※ Internal medicine department treatment: The most important is enema by pressure. If the patient within 48 hours of clinical still not show peritonitis symptoms, could consider using barium or saline solution for enema, and intussusception push back, others have water supplement and etc.


※外科治療：若病人出現腹膜炎症狀則要考慮進行手術切除壞死的腸子。

Surgical department treatment: If the patient show peritonitis symptoms then need to consider doing surgery for removing the dies necrotic.

參考資料 Reference Information

穆佩芬總校訂(2019)·兒科護理學(6版)·台北：新文京。

若您想對以上的內容進一步了解，請洽諮詢電話：05-2756000 轉 40 病房分機 4001、4002
If you need further information about matters above, Please call telephone :05-2756000 turn
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ST.Martin De Porres Hospital concern about you

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